



Albany

ACTIVITY GUIDE



WINTER / SPRING 2025

SEE THE GUIDE
ONLINE AND
SIGN UP FOR
CLASSES



City Services at a Glance

At times it can be confusing to determine what City department you need to contact. Here is a quick guide to some of the more common questions/issues to help provide more direct and easy access to the services you need:

EMERGENCY SERVICES

Call **9-1-1** in an Emergency.

The City of Albany provides full-service police, fire, mobile crisis, and emergency medical services.

Non-Emergency Police & Fire Contacts

Police Contacts | albanypolice@albanyca.org | 1(510)525-7300

Fire Contacts | albanyfire@albanyca.org | 1(510)528-5770 X 5

NEIGHBORHOOD SERVICES | ALBANY CARES

albanycares@albanyca.org | 1(510) 559-4589

Resources and services referrals including food, meal delivery for seniors, shelter and housing, utility bill payment assistance and more.

ADMINISTRATION DEPARTMENT | CITY CLERK OFFICE

cityhall@albanyca.org | 1(510) 528-5710

City operations oversight, public information, and City Council meeting administration and agendas.

Access the City Calendar to get updated information on public meetings.

Local business outreach and resource clearinghouse | 1(510) 528-5736

COMMUNITY DEVELOPMENT DEPARTMENT

com-dev@albanyca.org | 1(510) 528-5760

Building permits via email and construction inspections.

Liaison with Waste Management for solid waste and recycling services.

FINANCE DEPARTMENT

accountsreceivable@albanyca.org | 1(510)528-5730

Accounts payable and receivable, business licenses.

PUBLIC WORKS DEPARTMENT

apworks@albanyca.org | 1(510)524-9543

Infrastructure and facilities maintenance

(streets, sewer, sidewalk, trees, parks, city trash cans, etc.).

RECREATION & COMMUNITY SERVICES

recinfo@albanyca.org | 1(510)524-9283

Classes, programs & summer camps. Tennis court, facility & field rentals.

Friendship Club | 1(510)559-7220

Senior Center | 1(510)524-9122

Browse the wide array of new and enriching classes, camps and programs.

Winter/Spring registration begins December 10 at 9 AM

Scan here to register!



CONTENTS



Youth Classes

Sports	2-4
STEM Exploration	5
Arts & Crafts	6-7
Special Interest	8
Music and Dance	9
Seasonal Classes	10-11

Friendship Club	12-13
----------------------------------	--------------

Adult Classes

Health & Fitness	14-15
Sports	16-17
Adult Sports Leagues	17
Special Interest	18-19
Cooking with Chat	20

Senior Center

Senior Socials	21-22
Health & Fitness	23-25
Special Interest	25
Resources	26
Senior Travel Troupe	27-28
Lunch Troupe	29
Travel Troupe	
Extended Vacations	30

Community Resources 31-36

Parks	37
Picnic Reservations	38
Facilities	39
Special Events	40-42
How to Register	43
Registration Form	44

YOUTH CLASSES

Sports

Ultimate Sport Class

AGES 7 - 10

Ultimate Frisbee is a fun and safe sport with transferable team skills. Weekly classes focus on play, led by pros, covering throwing, catching, and strategy. Emphasis on spirit of the game and social-emotional growth. Join the Spiders, Oakland's pro ultimate frisbee team, for a blast with friends.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Mar 3-May 19*	M	3:30-4:30 PM	10x	\$280	\$290

Instructor: Oakland Spiders Community Web

Location: Ocean View Field

Min: 6; Max 24

*No Class on Apr 7 & Apr 14 Activity #: 25360S

Ultimate Skills & Scrimmage

AGES 11 - 14

Join our Ultimate Skills & Scrimmages for 11-14 year olds! Master throws, catches, and game strategies in the exciting world of Ultimate Frisbee. Emphasizing sportsmanship and teamwork, players develop social-emotional skills while thriving on the field. Enhance athleticism and camaraderie with us in this dynamic program!

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Mar 3-May 19*	M	4:45-6 PM	10x	\$280	\$290

Instructor: Oakland Spiders Community Web

Location: Ocean View Field

Min: 8; Max 24

*No Class on Apr 7 & Apr 14 Activity #: 25360S

Karate for Beginners

AGES 7+

Shotokan Karate is traditional Japanese karate with an emphasis on the integrated mind, body and spirit. This philosophy seeks perfection of character through hard training and discipline. We offer instruction in a supportive environment with traditional training. Students build endurance, alertness, and self-esteem. Sibling discount: \$5 off per child.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 13-30*	M/Th	5:30-7:00 PM	5x	\$55	\$65
Feb 3-27*	M/Th	5:30-7:00 PM	7x	\$55	\$65
Mar 3-31	M/Th*	5:30-7:00 PM	9x	\$55	\$65
Apr 3-28	M/Th	5:30-7:00 PM	8x	\$55	\$65
May 1-29*	M/Th	5:30-7:00 PM	8x	\$55	\$65

Instructor: Bijan Soleimani

Location: Community Center, Hall & Rooms 1&2

Min: 7; Max: 30

*No Class on Jan 20, Feb 17, & May 26

Activity #: 2132KK



Karate for Intermediate/Advanced

AGES 7+

This section is for color belts of Shotokan Karate. This philosophy seeks perfection of character through hard training and discipline. We offer instruction in a supportive environment with traditional training. Sibling discount: \$5 off per child.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 14-31	Tu/F	5:30-7:00 PM	6x	\$55	\$65
Feb 4-28	Tu/F	5:30-7:00 PM	8x	\$55	\$65
Mar 4-28	Tu/F	5:30-7:00 PM	8x	\$55	\$65
Apr 1-29*	Tu/F	5:30-7:00 PM	8x	\$55	\$65
May 2-30	Tu/F	5:30-7:00 PM	9x	\$55	\$65

Instructor: Bijan Soleimani

Location: Community Center, Hall & Rooms 1&2

Min: 7; Max: 30

*No Class on Apr 25

Activity #: 2132KK



Since 1997, The Albany Police Department's Police Activities League (APAL) provides positive alternatives for Albany's young people.

With the goal of providing quality, fun and safe programming for youth, APAL is providing scholarships to help income-eligible families defray the cost of recreational classes and camps.

Request an application at:
recinfo@albanyca.org

Preschool Tennis Lessons

AGES 4 - 5.5

The class offers an early dive into the world of tennis for young children. Our primary goal is to nurture the ABCs of tennis (agility, balance, and coordination) and instill proper techniques for effective ball tracking and contact. We ensure a comfortable learning environment by providing suitable nets, balls and fostering self assurance.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 16-Mar 6*	Th	4-5 PM	7x	\$196	\$206
Jan 18-Mar 8*	Sa	9-10 AM	7x	\$196	\$206
Apr 10-May 29*	Th	4-5 PM	7x	\$196	\$206
Apr 12-May 31*	Sa	9-10 AM	7x	\$196	\$206

Instructor: Hit Elite Staff

Location: Ocean View Tennis Court

Min: 4; Max: 8

*No Class on Feb 20, 22 & April 17, 19

Activity #: 2536HE

Orange Ball Novice Tennis Lessons

AGES 8 - 10

We will dive into the world of tennis using orange balls (reduced pressure tennis balls), perfect for young learners. Lessons will include hand-eye coordination drills, fundamental skills, teamwork, footwork, and lots of fun games. Students must bring their own tennis racket, hat, water, and wear tennis/sports shoes.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 15-31	W/F	5-6:15 PM	6x	\$218	\$228
Feb 5-28*	W/F	5-6:15 PM	6x	\$218	\$228
Mar 5-21	W/F	5-6:15 PM	6x	\$218	\$228
Mar 26-Apr 11	W/F	5-6:15 PM	6x	\$218	\$228
Apr 23-May 9	W/F	5-6:15 PM	6x	\$218	\$228
May 14-30	W/F	5-6:15 PM	6x	\$218	\$228

Instructor: Hit Elite Staff

Location: Ocean View Tennis Court

Min: 4; Max: 8

*No Class on Feb 19 & 21

Activity #: 2536HE

Red Ball Novice Tennis Lessons

AGES 5.5 - 8

We will dive into the world of tennis using red balls (reduced pressure tennis balls), perfect for young learners. Lessons will include hand-eye coordination drills, fundamental skills, teamwork, footwork, and lots of fun games. Students must bring their own tennis racket, hat, water, and wear tennis/sports shoes.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 15-31	W/F	4-5 PM	6x	\$180	\$190
Feb 5-28*	W/F	4-5 PM	6x	\$180	\$190
Mar 5-21	W/F	4-5 PM	6x	\$180	\$190
Mar 26-Apr 11	W/F	4-5 PM	6x	\$180	\$190
Apr 23-May 9	W/F	4-5 PM	6x	\$180	\$190
May 14-30	W/F	4-5 PM	6x	\$180	\$190

Instructor: Hit Elite Staff

Location: Ocean View Tennis Court

Min: 4; Max: 8

*No Class on Feb 19 & 21 Activity #: 2536HE

Green Ball Novice Tennis Lessons

AGES 10 - 12

We will dive into the world of tennis using green balls (reduced pressure tennis balls), perfect for young learners. Lessons will include hand-eye coordination drills, fundamental skills, teamwork, footwork, and lots of fun games. Students must bring their own tennis racket, hat, water, and wear tennis/sports shoes.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 16-Feb 27*	Th	5-6:30 PM	6x	\$252	\$262
Jan 18-Mar 1*	Sa	10-11:30 AM	6x	\$252	\$262
Mar 6-Apr 10	Th	5-6:30 PM	6x	\$252	\$262
Mar 8-Apr 12	Sa	10-11:30 AM	6x	\$252	\$262
Apr 24-May 29	Th	5-6:30 PM	6x	\$252	\$262
Apr 26-May 31	Sa	10-11:30 AM	6x	\$252	\$262

Instructor: Hit Elite Staff

Location: Ocean View Tennis Court

Min: 6; Max: 8

*No Class on Feb 20 Activity #: 2536HE

Ace the Basics: Beginner Pickleball for Kids

AGES 10 - 17

Embark on your pickleball journey with our beginner lessons! Learn the fundamentals of pickleball in a supportive environment. Engage in friendly rallies and games to refine your skills. Students must bring their own pickleball paddle, hat, water, and wear tennis/sports shoes.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 24-Mar 7	F	4:30-6 PM	6x	\$297	\$307
Mar 28-May 9	F	4:30-6 PM	6x	\$297	\$307

Instructor: Hit Elite Staff

Location: Ocean View Pickleball Courts

Min: 4; Max: 16

*No Class on Feb 21 & Apr 18 Activity #: 2536HE

Beginner Gymnastics

AGES 3 - 4

Learn new gymnastics skills on the beam, floor and bar with friends! Kids will perform exercises and drills to improve balance, coordination and strength. We'll motivate kids to try new things & learn through fun & games!

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 15-Feb 26*	W	9:30-10:15AM	6x	\$90	\$100
Mar 5-Apr 9	W	9:30-10:15AM	6x	\$90	\$100
Apr 23-May 28	W	9:30-10:15AM	6x	\$90	\$100

Instructor: Ali Lefler

Location: Community Center, Rooms 1&2

Min: 4; Max: 6

*No Class on Feb 19 Activity #: 2136AL

Kids Carpentry

Kids Carpentry teaches children the safe use of hand tools in a fun environment. Kids build their own wooden projects from scratch, gaining experience in physical engineering, applied math, problem solving, and patience. The lessons, projects, and tools evolve with each student's individual pace. Examples of past projects are boats, trucks, bird feeders, doll furniture, airplanes and much more.

AGES 4.5 - 8.5

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 14-Feb 25*	Tu	2:10-3:20 PM	6x	\$235	\$245
Mar 4-Apr 8	Tu	2:10-3:20 PM	6x	\$235	\$245
Apr 22-May 27	Tu	2:10-3:20 PM	6x	\$235	\$245

Min: 4; Max: 7

*No Class on Feb 18

Activity #: 2138TC

AGES 6 - 11

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 14-Feb 25*	Tu	3:20-4:30 PM	6x	\$235	\$245
	Tu	4:30-5:40 PM	6x	\$235	\$245
Mar 4-Apr 8	Tu	3:20-4:30 PM	6x	\$235	\$245
	Tu	4:30-5:40 PM	6x	\$235	\$245
Apr 22-May 27	Tu	3:20-4:30 PM	6x	\$235	\$245
	Tu	4:30-5:40 PM	6x	\$235	\$245

Min: 4; Max: 8

*No Class on Feb 18

Activity #: 2138TC

Kids Carpentry (continued)

AGES 6 - 11

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 15-Feb 26*	W	2:10-3:20 PM	6x	\$235	\$245
	W	3:20-4:30 PM	6x	\$235	\$245
	W	4:30-5:40 PM	6x	\$235	\$245
Mar 5-Apr 9	W	2:10-3:20 PM	6x	\$235	\$245
	W	3:20-4:30 PM	6x	\$235	\$245
	W	4:30-5:40 PM	6x	\$235	\$245
Apr 23-May 28	W	2:10-3:20 PM	6x	\$235	\$245
	W	3:20-4:30 PM	6x	\$235	\$245
	W	4:30-5:40 PM	6x	\$235	\$245

Min: 4; Max: 8

*No Class on Feb 19

Activity #: 2138WC

Instructor: Casey Nutt

Location: Community Center, Sharyl Gates Craft Room



Jewelry Masters

AGES 6 - 12

Explore the enchanting world of DIY jewelry creation! In this hands-on course, young artisans design and assemble unique pieces, learning essential techniques while developing fine motor skills and creativity. By the end, they'll have crafted stunning jewelry and gained valuable skills in design and self-expression for future artistic endeavors.

\$30 supply fee paid to the instructor.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Feb 25-Apr 8	Tu	3:30-4:30 PM	7x	\$140	\$150

Instructor: Athena Coding Staff

Location: Community Center, EOC

Min: 10; Max: 30

Activity #: 2131AC

Avant Vista Film Academy

AGES 10 - 13

In this hands-on introduction to filmmaking, students will explore the typical roles on a film set, gaining experience in each one through the process of writing, directing, editing and planning their own video projects with instructor guidance.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 21-Feb 13	Tu/Th	4-6PM	8x	\$240	\$250
Feb 25-Apr 3	Tu/Th	4-6PM	12x	\$360	\$370
Apr 22-May 29	Tu/Th	4-6PM	12x	\$360	\$370

Instructor: Elison Santos

Location: Albany High School

Min: 10; Max: 15

Activity #: 2631AV

Fashion Sewing: Skirt Beginner/Intermediate

AGES 9 - 16

Sew an A-line style skirt with pockets! Pick from beautifully printed fabrics to customize the design. No experience needed, intermediate students welcome. Students will learn to safely operate a professional sewing machine and iron, and illustrate their designs. All materials will be provided including high quality fabrics and threads.

\$35 supply fee paid to the instructor.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 18-Feb 1	Sa	10 AM-12 PM	3x	\$160	\$170

Instructor: Julia Husch

Location: Community Center, Sharyl Gates Craft Room

Min: 5; Max: 8

Activity #: 2151JH





Fashion Sewing: Corset Top Intermediate/Advanced

AGES 9 - 16

Experienced students will build their sewing skills as they create a fitted lace-up corset style top. Previous class with Ms. Julia is required to register. Students will learn to sew curved princess seams, perform garment fittings, and insert a separating zipper and grommets. All materials will be provided including high quality fabrics, threads, and notions.

\$35 supply fee paid to the instructor.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
May 10-24	Sa	10 AM-12 PM	3x	\$160	\$170

Instructor: Julia Husch

Location: Community Center, Sharyl Gates Craft Room

Min: 5; Max: 8

Activity #: 2151JH

Fashion Sewing: Pants Beginner/Intermediate

AGES 9 - 16

Sew with stretchy fabrics and choose from a variety of pant styles, including leggings, flares, or sweatpants. No experience needed, intermediate students welcome. Students will learn to safely operate a professional sewing machine and iron, and illustrate their designs. All materials will be provided including high quality fabrics and threads.

\$35 supply fee paid to the instructor.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 18-Feb 1	Sa	1-3 PM	3x	\$160	\$170

Instructor: Julia Husch

Location: Community Center, Sharyl Gates Craft Room

Min: 5; Max: 8

Activity #: 2151JH

Fashion Sewing: Shorts Beginner

AGES 9 - 16

Learn to sew a pair of shorts! Choose from a printed cotton or cozy flannel fabric. No experience needed, intermediate students welcome. Students will learn to safely operate a professional sewing machine and iron, and illustrate their designs. All materials will be provided including high quality fabrics and threads.

\$35 supply fee paid to the instructor.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
May 10-24	Sa	1-3 PM	3x	\$160	\$170

Instructor: Julia Husch

Location: Community Center, Sharyl Gates Craft Room

Min: 5; Max: 8

Activity #: 2151JH

Special Interest

Dungeons & Dragons

AGES 6 - 12

Our imaginative D&D program fosters social skills, problem-solving, and teamwork as students embark on epic adventures guided by Dungeon Masters. Together, they face challenges, discover treasures, and build camaraderie, creating lasting memories and valuable life skills through thrilling quests in a fantastical world.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Feb 25-Apr 8	Tu	4:40-5:40 PM	7x	\$140	\$150

Instructor: Athena Coding Staff

Location: Community Center, EOC

Min: 8; Max: 20

Activity #: 2131AC



Write On!

Creative Writing Labs for Kids

AGES 8 - 13

Designed for both enthusiastic and reluctant writers, students will develop and deepen their mastery of the writing process in small, collaborative groups as they write stories, plays, and poetry. Students will publish a magazine of their polished work to take home. Previous students encouraged to attend.

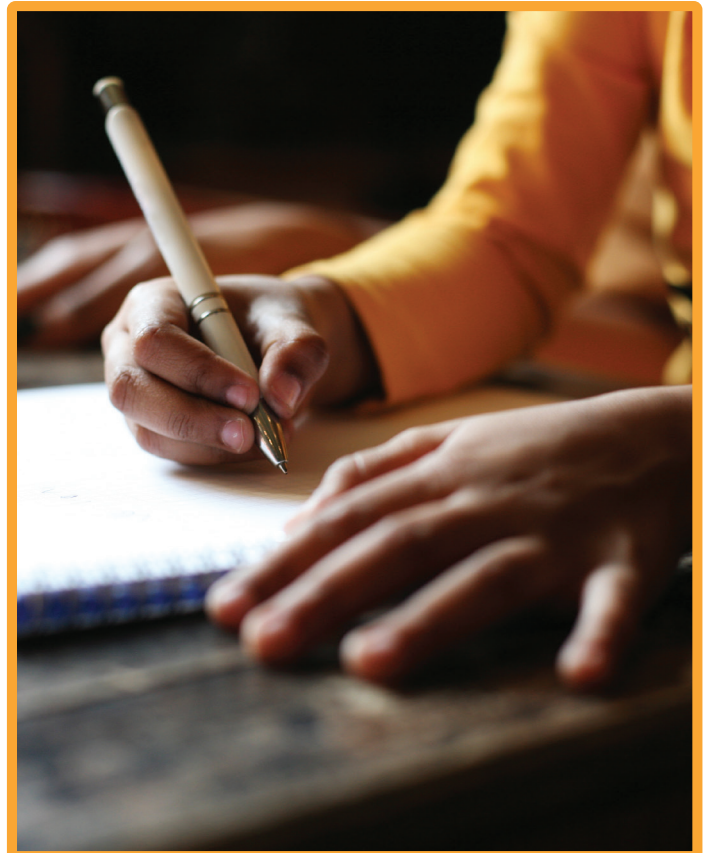
DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 9-Feb 6	Th	4-5:30 PM	5x	\$225	\$235
Feb 13-Mar 20*	Th	4-5:30 PM	5x	\$225	\$235
Mar 27-May 1*	Th	4-5:30 PM	5x	\$225	\$235
May 8-May 29	Th	4-5:30 PM	4x	\$180	\$190

Instructor: Abby Skrivan

Location: Albany Middle School Annex, Room 23

Min: 6; Max: 20

*No Class on Feb 20 and Apr 17 Activity #: 2631AS



Music Together

AGES NEWBORN - 5

Music Together provides a true family music experience. Music Together is fun, fabulous, uplifting, and magical. Each week in Music Together classrooms worldwide, babies, toddlers, preschoolers, big kids and the grownups who love them gather to make music as a community.

For dates and registration visit:

<https://eastbaymusictogether.youvirtuous.com>

Instructor: Music Together Staff

Location: Community Center, EOC

Min: 6; Max: 13

Pre-Ballet

AGES 3.5 - 6

Young children explore the joy of movement through simple and gentle ballet steps and creative movements at the barre and center. They will be introduced to choreographed dance movements from slow to small quick steps to big leaps across the floor.

Ballet slippers or soft jazz shoes recommended for this class.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 18-Feb 15	Sa	9-9:45 AM	5x	\$135	\$145
Feb 22-Mar 22	Sa	9-9:45 AM	5x	\$135	\$145
Mar 29-Apr 19	Sa	9-9:45 AM	4x	\$108	\$118
May 3-31	Sa	9-9:45 AM	5x	\$135	\$145

Instructor: Nona Refi

Location: Community Center, Room 2

Min: 5; Max: 10

Activity #: 2135NR

Ballet for Kids

AGES 7 - 10

Students learn the fundamentals of classical ballet including proper body alignment aka posture, the gentle and appropriate use of "turn out", port de bras, and basic techniques of jumps and turns. They will be introduced to choreographed dance movements in various tempos from adagio, petit allegro, to grand allegro.

Ballet slippers or soft jazz shoes recommended for this class.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 18-Feb 15	Sa	10:30-11:30 AM	5x	\$135	\$145
Feb 22-Mar 22	Sa	10:30-11:30 AM	5x	\$135	\$145
Mar 29-Apr 19	Sa	10:30-11:30 AM	4x	\$108	\$118
May 3-31	Sa	10:30-11:30 AM	5x	\$135	\$145

Instructor: Nona Refi

Location: Community Center, Room 2

Min: 5; Max: 10

*No Class on Nov 30

Activity #: 2135NR



SEASONAL CLASSES



Kids Gymnastics 1-Day Camp

AGES 6 - 8

Come practice gymnastics skills on the beam, bar, and floor with special focus on handstands & cartwheels. Roll, jump, stretch, get stronger, and play with friends at this fun camp!

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Mar 21	F	9 AM-12 PM	1x	\$35	\$45

Instructor: Ali Lefler

Location: Community Center, Room 1&2

Min: 4; Max: 8

Activity #: 2136AL

Pokemon Camp: Master the Battle

AGES 6 - 12

Join us for an action-packed Pokémon Camp where aspiring trainers can sharpen their skills and dive into the exciting world of Pokémon Cards! Campers will learn the basics for gameplay, deck building, and strategy, guided by our experienced Friendship Club staff. Each day features friendly tournaments and fun challenges. Whether you're a beginner or a seasoned player, this camp promises camaraderie, creativity, and plenty of Pokémon-themed fun. Bring your favorite cards and get ready to battle your way to victory!

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Apr 14-18	M-F	9 AM-12 PM	5x	\$165	\$175

Instructor: Friendship Club Staff

Location: Community Center

Min: 6; Max: 16

Activity #: 2131FC

Improv & Silly Theater Games

AGES 7 - 12

Campers will be introduced to basic improv concepts and will learn to put on a comedy show with ease. Through games and structures, they will be encouraged to trust their instincts, think on their feet and work as a team. They will also laugh a lot! Note: Improv is great for building confidence.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Feb 18-21	Tu-F	9 AM-12:30 PM	4x	\$250	\$260

Instructor: Geri Engberg

Location: Community Center

Min: 6; Max: 16

Activity #: 2131GE

STEM + Minecraft with LEGO Materials: Full Day Camp

AGES 5 - 10

Prepare for a full day LEGO camp packed with hands-on and minds-on STEM fun! First, build projects inspired by cool machines while applying real-world concepts in physics, engineering, and architecture. Then, venture into the world of minecraft in our unique LEGO experience. Get ready to build your base, craft your tools, use your minecraft to harvest raw resources, and battle to stop the Ender Dragon from ending the world.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Apr 14-18	M-F	9 AM-4 PM	5x	\$517	\$527

Instructor: Play-Well Instructor

Location: Community Center, Room 1&2

Min: 10; Max: 16

Activity #: 2138PW

Kids Tennis Camp

AGES 7.5 - 12

Join us for a 3-day camp tailored for kids. Courts will be grouped by age and skill level, each with a dedicated coach and appropriate balls. Participants will enhance their movement and tennis abilities through movement drills, rallies and extensive ball hitting from the basket, and enjoy fun games to wrap up each day. Students must bring their own tennis racket, hat, water, and wear tennis/sports shoes.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Feb 18-20	Tu-Th	9 AM-12 PM	3x	\$252	\$262
Apr 15-17	Tu-Th	9 AM-12 PM	3x	\$252	\$262

Instructor: Hit Elite Staff

Location: Memorial Park Tennis Court

Min: 8; Max: 12

Activity #: 2536HE

Arts and Crafts: Creative Adventures Await!

AGES 6 - 12

Join us for a fun-filled arts and crafts session where imagination knows no bounds! Each day, campers will explore variety of creative projects from painting and drawing to sculpting and nature crafts. With guidance from our enthusiastic Friendship Club staff, participants will learn new techniques and express their unique ideas. Whether its creating whimsical sculptures from recycled materials, or crafting friendship bracelets, there's something for everyone. Come unleash your creativity and take home your masterpieces to share with family and friends!

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Apr 14-18	M-F	12-3 PM	5x	\$165	\$175

Instructor: Friendship Club Staff

Location: Community Center

Min: 6; Max: 16

Activity #: 2131FC



FRIENDSHIP CLUB

City of Albany Friendship Club programs are for children in 1st-10th grade. These specialized programs are implemented by City Staff to bring enriching experiences to youth in the community.



AFTERSCHOOL PROGRAM

Friendship Club is an afterschool oasis where children in 1st - 5th grades can play and explore in an enriching environment. Our staff pick up the children from their schools and walk them to Friendship Club sites to begin daily activities, outdoor play, and time for relaxation and homework.

LOCATIONS:

Memorial Park Building: 1331 Portland Ave.
for Cornell and Marin Elementary Students

Ocean View Park: 900 Buchanan St. for Ocean View Elementary Students

DATES: August 14, 2024 – June 4, 2025

Days: 5 days/week

Time: 3-6 PM, Wednesday early release for all students from 1:45-6pm

FEES: \$456/month

QUESTIONS?

Please contact 1(510) 559-7220 or
friendshipclub@albanyca.org
www.albanyca.org/friendshipclub





JUNIOR COUNSELOR PROGRAM

The Friendship Junior Counselor program offers tweens and teens from 6th-10th grade the opportunity to give back to their community, gain valuable leadership experience, and be a mentor to younger children. During their commitment, participants will assist Recreation Leaders with various projects and games while having a good time.

Locations:

Memorial Park Building, 1331 Portland Ave.
Ocean View Park, 900 Buchanan St.

Fees:

Resident \$324 & Non-Resident \$334
per 3-month commitment

Winter: December–February

Spring: March–May

ACTIVITY #: 1347JC

Register here:



SEASONAL CAMPS

Come spend your school closure days at our Friendship Seasonal Camps! Children will spend their days filled with a variety of engaging activities including art, science, engineering, games, outdoor play, and walking fieldtrips. Your child will make new friends and have fun while supervised by our Friendship Club staff. Partial week registration is not offered for Seasonal Camps, nor Extended Care options.

Ages: For children in 1st – 5th grade

February Camp

Dates: February 18-21

Days: Tuesday-Friday

Time: 9 AM-4 PM

Fee: \$308 Resident,
\$318 Non-Resident

ACTIVITY #: 2337FEB

Spring Camp

Dates: April 14-18

Days: Monday-Friday

Time: 9 AM-4 PM

Fee: \$385 Resident,
\$395 Non-Resident

ACTIVITY #: 2337SP

EXTENDED CARE OPTIONS

Time: 8-9AM

Time: 4-5PM

February Fee: \$20 each AM/PM per week

Spring Fee: \$25 each AM/PM per week

Registration
begins
December 10
at 9AM

Register here:



SUMMER CAMP PREVIEW

Friendship Summer Camp will give your child a summer to remember! Our Summer Camp engages, delights, and inspires children to have fun through play. Campers will make new friends and learn new skills. Each week children will do activities that include art, crafts, sensory play, engineering, science, group games, and walking field trips to local parks and facilities. Join us for one week or the whole summer and make memories to last a lifetime!

Summer Camp is for children entering 1st – 5th grades in Fall 2025.

Camps are Monday – Friday, with no partial week registration. Camp will run weekly from June 9th – August 8th.

SUBSIDY PROGRAM

Financial subsidies are available for the Friendship Afterschool Program, the Junior Counselor Program and Seasonal Camps. Interested families should apply before completing registration. You can find more information and the application at: www.albanyca.org/friendshipsubsidy
Please contact kmiller@albanyca.org or 510-559-7227 with any questions.

ADULT CLASSES

Health & Fitness

Yoga with Viji

AGES 18+

In these 90-minute classes, students will learn a range of poses and breathing techniques that Viji has learned from some of India's best yoga teachers, including a few other easy immune system-boosting exercises, which are not a traditional part of yoga. The class includes the practice of meditation and guided relaxation.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 15-Feb 12	W	6:30-8 PM	5x	\$60	\$70
Feb 26-Mar 26	W	6:30-8 PM	5x	\$60	\$70
Apr 9-May 7	W	6:30-8 PM	5x	\$60	\$70
May 21-Jun 18	W	6:30-8 PM	5x	\$60	\$70

Instructor: Viji Sundaram

Location: Community Center, Main Hall

Min: 6; Max: 20

Activity #: 2114YV

User Friendly Pilates

AGES 18+

Develop core strength with the proper awareness to get stronger without getting hurt; learn to improve flexibility, endurance, posture, and balance. Ernie has 30 years of experience helping students optimize movement and prevent injuries. He is certified in Pilates, Personal Fitness, Feldenkrais, Barefoot Training, and has an extensive background as a professional dancer.

*Prerequisites: Students must be able to get up and down from the floor without assistance.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 14-Feb 25	Tu	5:30-6:30 PM	7x	\$120	\$130
Mar 4-Apr 15	Tu	5:30-6:30 PM	7x	\$120	\$130
Apr 22-May 27	Tu	5:30-6:30 PM	6x	\$100	\$110

Instructor: Ernie Adams

Location: Community Center, Main Hall

Min: 10; Max: 40

Activity #: 2114EA

Morning Yoga (All Levels)

AGES 18+

Begin your day by exploring gentle, therapeutic, and graceful movements. Staying connected to our breath, we become present with every moment and every sensation in the body. We will learn the traditional yoga asanas (postures) in the style of Hatha Yoga to increase the flexibility and endurance of the body.

Drop-ins are welcome at \$20/class.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 14-Feb 25	Tu	10-11:15 AM	7x	\$105	\$110
Jan 16-Feb 27	Th	10-11:15 AM	7x	\$105	\$110
Mar 4-Apr 15	Tu	10-11:15 AM	7x	\$105	\$110
Mar 6-Apr 17	Th	10-11:15 AM	7x	\$105	\$110
Apr 22-Jun 3	Tu	10-11:15 AM	7x	\$105	\$110
Apr 24-Jun 5	Th	10-11:15 AM	7x	\$105	\$110

Instructor: Julia Alexander

Location: Community Center, Main Hall

Min: 5; Max: 20

Activity #: 2116JA

Barre with Ali

AGES 18+

Looking for a way to stay fit, build muscle, and increase flexibility? Then Barre is for you! This group exercise class is a fusion of ballet, pilates, and yoga. You'll come away feeling energized and ready to take on the day. We will have low-impact and high intensity options, so all levels welcome! Grab a friend & lets go!

Drop-ins are welcome!

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 13-Feb 10*	M	9:30-10:15 AM	4x	\$40	\$50
Feb 24-Mar 17	M	9:30-10:15 AM	4x	\$40	\$50
Mar 24-Apr 7	M	9:30-10:15 AM	3x	\$30	\$40
Apr 28-May 19	M	9:30-10:15 AM	4x	\$40	\$50

Instructor: Ali Lefler

Location: Community Center, Rooms 1&2

Min: 5; Max: 25

*No Class on Jan 20

Activity #: 2114AL



Karate for Intermediate/Advanced

AGES 18+

This section is for color belts of Shotokan Karate. This philosophy seeks perfection of character through hard training and discipline.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 14-31	Tu/F	5:30-7:00 PM	6x	\$55	\$65
Feb 4-28	Tu/F	5:30-7:00 PM	8x	\$55	\$65
Mar 4-28	Tu/F	5:30-7:00 PM	8x	\$55	\$65
Apr 1-29*	Tu/F	5:30-7:00 PM	8x	\$55	\$65
May 2-30	Tu/F	5:30-7:00 PM	9x	\$55	\$65

Instructor: Bijan Soleimani

Location: Community Center, Main Hall & Rooms 1&2
Min: 7; Max: 30

*No Class on Apr 25

Activity #: 2132AK

Karate for Beginners

AGES 18+

Shotokan Karate is traditional Japanese karate with an emphasis on integrated mind, body and spirit. This philosophy seeks perfection of character through hard training and discipline. We offer instruction in a supportive environment with traditional training. Students build endurance, alertness and self-esteem.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 13-30*	M/Th	5:30-7:00 PM	5x	\$55	\$65
Feb 3-27	M/Th	5:30-7:00 PM	8x	\$55	\$65
Mar 3-31*	M/Th	5:30-7:00 PM	9x	\$55	\$65
Apr 3-28	M/Th	5:30-7:00 PM	8x	\$55	\$65
May 1-29*	M/Th	5:30-7:00 PM	8x	\$55	\$65

Instructor: Bijan Soleimani

Location: Community Center, Main Hall & Rooms 1&2
Min: 7; Max: 30

*No Class on Jan 20, May 26 Activity #: 2152AK



Tennis for Adults

AGES 18+

Participants will be introduced to the basic skills and more advanced techniques of tennis: forehand, backhand, footwork, volley and serve. Class includes drills and live matchplay.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 21-Feb 6	Tu/Th	6-7:30 PM	6x	\$290	\$300
Feb 18-Mar 6	Tu/Th	6-7:30 PM	6x	\$290	\$300
Mar 18-Apr 3	Tu/Th	6-7:30 PM	6x	\$290	\$300
Apr 15-May 1	Tu/Th	6-7:30 PM	6x	\$290	\$300
May 13-29	Tu/Th	6-7:30 PM	6x	\$290	\$300

Instructor: PJ Mapumulo

Location: Memorial Park Tennis Courts

Min: 5; Max: 12

Activity #: 2114PJ

Skill Surge: Adult Intermediate Pickleball (Rating 3.0-3.5)

AGES 18+

This class is designed for players with a basic understanding of the game. Students will focus on refining fundamental skills such as strategy, shot selection, and placement. Techniques covered include drives, dinks, drops, overheads, lobs, serves, top spins, slices, and more.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 15-Feb 12	W	5:30-7:30 PM	5x	\$250	\$260
Feb 22-Mar 22	Sa	9-11 AM	5x	\$250	\$260
Feb 27-Mar 27	Th	5:30-7:30 PM	5x	\$250	\$260
Apr 24-May 22	Th	5:30-7:30 PM	5x	\$250	\$260
May 3-31	Sa	9-11 AM	5x	\$250	\$260

Instructor: Hit Elite Staff

Location: Ocean View Pickleball Courts

Min: 6; Max: 8

Activity #: 2516HE

Ace the Basics: Adult Beginner Pickleball

AGES 18+

Embark on your pickleball journey with our beginner lessons! Tailored for newcomers, you will learn the fundamentals in a supportive environment. Master the basics of grip, stance, and stroke technique. Engage in friendly rallies and games that refine your skills. Join us and discover the joy of pickleball!

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 16-Feb 13	Th	5:30-7:30 PM	5x	\$250	\$260
Jan 18-Feb 15	Sa	9:30-11:30 AM	5x	\$250	\$260
Mar 5-Apr 2	W	5:30-7:30 PM	5x	\$250	\$260
Mar 29-Apr 26	Sa	9:30-11:30 PM	5x	\$250	\$260
Apr 30-May 28	W	5:30-7:30 PM	5x	\$250	\$260

Instructor: Hit Elite Staff

Location: Ocean View Pickleball Courts

Min: 6; Max: 8

Activity #: 2516HE

Indoor Pickleball Drop-in

AGES 18+

Play pickleball once a week at the Albany High School Gym. Recreation staff sets up nets and is there to help you learn the game! Pickleball is a paddleball sport that combines elements of badminton, table tennis, and tennis. Paddles are available to rent at \$2.

DATE	DAY	TIME	ALB RES	NON RES
Feb 23-May 25	Su	6-8 PM	\$6	\$7

Drop-in fee per class

Instructor: B. Bell

Location: Albany High School Gym

Min: 0; Max: 25

Activity #: 4616PI

Outdoor Pickleball Drop-in

AGES 18+

Play pickleball at the NEW Ocean View Pickleball Courts. Recreation staff sets up nets and is there to help you learn the game! Pickleball is a paddleball sport that combines elements of badminton, table tennis, and tennis. Paddles are available to rent at \$2.

DATE	DAY	TIME	ALB RES	NON RES
Year-Round	Tu	4-6 PM	\$6	\$7

Drop-in fee per class

Instructor: B. Bell

Location: Ocean View Pickleball Courts

Min: 0; Max: 25

Activity #: 4516PO



Adult Sports Leagues

Pickleball League

AGES 18+

Our Pickleball League strives to promote sportsmanship, competition, community involvement, health, and fitness. We have designed the format so players mostly play with others of similar skill levels. Your scoring will determine your placement.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Feb 23-Apr 6	Su	4-6 PM	7x	\$120	\$130
Apr 13-May 25	Su	4-6 PM	7x	\$120	\$130

Instructor: B. Bell

Location: Albany High School Gym

Min: 8; Max: 16

Activity #: 4516PL

Adult Co-ed Softball

AGES 18+

Organize a team for Albany's adult recreational softball league. This league is available for novice, intermediate, or advanced-level players. Each team will have one scheduled game per week. 1st place team receives an award at the end of the season.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Mar 4-June 17	Tu	6:30-10 PM	15x	\$899	\$924

Instructor: B. Bell

Location: Ocean View Field

Min: 6; Max: 7

Activity #: 2516SB

Adult Co-ed Soccer

AGES 18+

Get your cleats on! Albany has a Wednesday night 5-a-side co-ed soccer league. This league is for people who love the game, want to have fun, and join a team. Players have the opportunity to play weekly and compete with others.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Mar 5-Jun 18	W	7:20-10 PM	16x	\$799	\$824

Instructor: B. Bell

Location: Ocean View Park

Min: 7; Max: 8

Activity #: 2516AS



Adult Beginner Ballet

AGES 17+

Designed for young and mature adults to develop good posture, coordination, and balance by applying the fundamentals of ballet within the framework of one's anatomy. It starts with floor barre to warm up and stretch the muscles, engage the core and lengthen the spine. Students execute choreographed dance steps including light jumps and turns for a full dance experience.

Ballet slippers or soft jazz shoes recommended for this class.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 27-Mar 17*	M	7-8:30 PM	7x	\$150	\$160
Mar 24-May 5	M	7-8:30 PM	7x	\$150	\$160

Instructor: Nona Refi

Location: Community Center, Rooms 1&2

Min: 5; Max: 12

*No Class on Feb 17

Activity #: 2115NR



Albany Big Band Jazz Ensemble

AGES 18+

Albany Jazz Band rehearses and plays classic to modern instrumental and vocal jazz. Experience with jazz and good sight-reading skills are necessary. Instruments include saxophones, trumpets, trombones, guitar, piano, bass, drums and vocals. Consistent attendance at rehearsals and performances is preferred. Tuition covers a place in a big band or a little band ensemble.

Visit albanyjazzband.org for more information.

New participants, please contact instructor at albanyjazzband@gmail.com

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 15-May 28	W	6-9:30 PM	20x	\$75	\$85

Instructor: Richard Kalman

Location: Albany High School Band Room, Room 20

Min: 12; Max: 25

Activity #: 2615JB

Max Meditation

AGES 18+

The Max Meditation system is an easy, proven, and effective guided meditation anyone can do; beginner or advanced. During this meditation you will be lead through three stages - relaxation, visualization, and silence. You will leave feeling rejuvenated from stressors and expanded more into yourself.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 16-Feb 6	Th	12-1:15 PM	4x	\$100	\$110
Feb 7-28	F	12-1:15 PM	4x	\$100	\$110
Mar 7-28	F	12-1:15 PM	4x	\$100	\$110
Apr 3-24	Th	12-1:15 PM	4x	\$100	\$110

Instructor: Todd Mitchell

Location: Community Center, EOC

Min: 1; Max: 40

Activity #: 2111TM



Painting Workshop

ADULT 18+

In this painting workshop, experienced artists work independently with water-based paints, drawing, collage or mixed media. Participants bring their own projects and materials. There is no instruction, but we strive to provide a supportive space for creative work.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 15-Mar 5	W	5:30-8:30 PM	8x	\$60	\$70
Mar 12-Apr 30	W	5:30-8:30 PM	8x	\$60	\$70
May 7-Jun 25	W	5:30-8:30 PM	8x	\$60	\$70

Instructor: Charley Paffenbarger

Location: Community Center, Rooms 1&2

Min: 5; Max: 12

Activity #: 2113PW

Ikebana Sogetsu School

ADULT 18+

Develop creative self expression through flower arrangement. Learn the beauty of the simplicity of line and color using flowers and materials you bring to class each week.

\$10 supply fee paid to the instructor.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 15-Mar 19	W	1:30-4:00 PM	10x	\$300	\$310
Apr 9-Jun 11	W	1:30-4:00 PM	10x	\$300	\$310

Instructor: Soho Sakai

Location: Community Center, Main Hall

Min: 15; Max: 35

Activity #: 2213IB



Cooking with Chat

\$18 food fee payable to instructor on day of class. Bring your sharp chef knife or cleaver, cutting board, hand towel, plate, serving utensils, and your own beverage.

Ages 18+

Instructor: Chat Mingkwan

Location: Community Center, Kitchen

Min: 5; Max: 20

Activity #: 2111CM

Basic Knife Skills Workshop

Learn to cut and dice like a pro! These basic skills will make your cooking less laborious, less time-consuming and more fun. We will learn to julienne, baton, brunoise, and chiffonade vegetables and break up whole chickens to make a simple meal, including tips on maintaining and sharpening knives.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Feb 13	Th	5:30-8:30 PM	1x	\$50	\$60

Noodle Workshop

Noodles have become a mainstream diet in Asia and their recipes have been modified to fit local palates by using local ingredients and techniques. Learn to use many varieties of noodles and make many different types of meat and vegetarian noodles. Learn new trends in noodle dishes that are popular worldwide and prepare a scrumptious meal, such as Hunan crispy noodles salad, Nonyan curried noodles, and Thai spicy stir-fried noodles.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Mar 6	Th	5:30-8:30 PM	1	\$50	\$60

Vegetarian Cooking from Asia

Using his new cookbook, Vegetarian Fusion, Chat invites you to join his quest for healthy eating. Modify popular Asian dishes into vegetarian friendly meals. We will make various Asian cuisines healthier and more beneficial by using only vegetables and their by-products. Learn to use different seasonings and herbs. Prepare popular Asian dishes, such as soup, salad, curry, and noodles.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Apr 3	Th	5:30-8:30 PM	1x	\$50	\$60



Sweets and Desserts from Asia

We will choose three popular desserts of Asia and make them healthier and easier in our class. Learn to use unique ingredients and simple techniques to produce delicious desserts, such as Thai sweet sticky rice and mangoes, fried bananas and coconut ice cream, and split pea and taro coconut custard.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
May 22	Th	5:30-8:30 PM	1x	\$50	\$60

SENIOR CENTER

The Albany Senior Center provides a comprehensive array of recreational programs and services that meet the needs of older adults in the community, enhancing quality of life and helping seniors to remain active, healthy, and independent.

At the Albany Senior Center, adults 50 and over enjoy socializing in a warm, friendly atmosphere and participating in programs.

Hours

Monday-Friday
8:30am-5pm

846 Masonic Avenue

1(510) 524-9122

RENT

the Senior Center for your
event, meeting or party

See page 39
for details.

Learn more about
the Senior Center:



JUST FOR THE FUN OF IT **SOCIALS!**

*The Albany Senior Center offers opportunities for adults 50+ with similar interests to gather and have fun together. Socialize with friends and make new ones! Please check in at the Senior Center Front Desk for room location. Schedule is subject to change. **Drop-in fee is \$1.***

MONDAYS

No Socials on Jan 20, Feb 17, May 26

SENIOR CENTER SING-A-LONG

Jan 6-May 19
3-4:30 PM

Come be a part of this organized group of singers. They meet weekly and occasionally perform in the community. Available on zoom or in person.

TUESDAYS

NEEDLECRAFT & BEADING

Jan 7-May 27
9:30 AM-12 PM

Improve your craftsmanship and socialize, while working on your own current project. Bring your own materials.

TUESDAYS (CONTINUED)

MORNING STRETCHES

Jan 7-May 27
10-11 AM

City staff will lead participants in a set of core stretches focusing on slow peaceful, and meditative movement. Available on zoom or in person.

MATINEE MOVIE OF THE MONTH

Twice per month: Jan 7-May 27
Movies start at 1:30 PM

Purchase popcorn and watch a critically acclaimed film. See our movie flyer for a schedule of films.

POP UP PING PONG

Jan 7-May 27
1:30-3 PM

All level of players are welcome to join our non-competitive Ping Pong (Table Tennis). Exercise and make new friends.

JUST FOR THE FUN OF IT SOCIALS!

WEDNESDAYS

WOMEN'S BALKAN DANCING

Jan 8-May 28

10-11:15 AM

Dances from Bulgaria, Greece, Albania, Armenia, Macedonia, Turkey and Serbia reflect ancient traditions. No dance experience is required, and women of all ages are welcome; every dance is taught first.

POP UP PING PONG

Jan 8-May 28

1:30-3 PM

All level of players are welcome to join our non-competitive Ping Pong (Table Tennis). Exercise and make new friends.

THURSDAYS

PAINTING

Jan 9-May 29

10 AM-12 PM

Be inspired to further your art skills, have space to spread out your supplies and be part of a safe artistic community. Bring your own materials.

MAHJONG & GAMES

Jan 9-May 29

1-3 PM

Mahjong, dominos, and cards are available for anyone looking to have some fun.

KARAOKE FOR SENIORS

Every 3rd Thursday: Jan 9-May 29

1:30-3 PM

Take turns singing popular songs with a microphone and audience full of friends.



FRIDAYS

FOLK DANCING

Jan 10-May 30

10-11:30 AM

Balance, space, time, and movement will be used while participating in simple folk dancing.

FRENCH CONVERSATION

Jan 10-May 30

11:30 AM-12:30 PM

If you are interested in conversing in French this group is for you. Talk, listen, and discuss current events en français.

UKULELE JAM

Jan 10-May 30

1:30-3 PM

Learn all basic chords, strumming patterns, and perform songs in a fun, easy-to-follow. *Please bring your own Ukulele, only a few available for use during class.



Rosen Movement

AGES 50+

Based on Rosen Method Movement, a tradition developed by physical therapist Marion Rosen, who took this class at the Albany Senior Center through her mid-90's. Classes are playful yet powerful, combining elements of stretch, balance, dance, yoga, and relaxation, all done with wonderful music.

DATE	DAY	TIME	ALB RES	NON RES
Jan 8-May 28	W	12:15-1:15 PM	\$8	\$9

Drop in fee per class

Instructor: Deborah Marks

Location: Senior Center, South Room

Min: 3; Max: 15

Activity#: 2224DM

Gentle Tai Chi

AGES 50+

This gentle approach to Tai Chi combines Nei Dang and Chi Kung, emphasizing deep breathing and meditative elements. Helps circulation, joints and balance.

DATE	DAY	TIME	ALB RES	NON RES
Jan 6-May 30*	M/W/F	10:30-11:30 AM	\$4	\$5

Drop in fee per class

Instructor: Yachiyo Otsubo

Location: Community Center, Main Hall

Min: 20; Max: 40

*No Class on Jan 20, Feb 17, May 26

Activity#: 2124TC

Rosen Method: Moving Body & Soul

AGES 50+

During this one-hour class we practice balance, simple dance steps, and easy yoga stretches to a wide variety of wonderful music. All are invited so please join us!

DATE	DAY	TIME	ALB RES	NON RES
Jan 10-May 30	F	9:30-10:30 AM	\$11	\$12

Drop in fee per class

Instructor: Odile Atthalin

Location: Senior Center, Multipurpose Room

Min: 3; Max: 15

Activity#: 2224OA

Fitness into the Golden Ages: Weight and Balance Training

AGES 50+

With over 25 years of professional fitness experience, trainers will help you improve your strength, mobility and balance. With their gentle approach, they will train you using simple body resistance exercises, dumbbells, and other small apparatus. Experience what training can do for you!

DATE	DAY	TIME	ALB RES	NON RES
Jan 10-Mar 14	F	4-4:45 PM	\$39	\$44
Mar 21-May 30	F	4-4:45 PM	\$39	\$44

Instructor: All in One Fitness Staff

Location: Senior Center, South Room

Min: 4; Max: 10

Activity#: 2224FG

Healthy Brain, Healthy You

AGES 50+

The "Healthy Brain, Healthy You" program is designed specifically for older adults to support and enhance cognitive function. Through a combination of music, dancing, exercise and games, the program aims to improve cognitive abilities and foster social engagement among participants.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 8-29	W	2-3 PM	4x	\$4	\$5
Feb 5-26	W	2-3 PM	4x	\$4	\$5
Mar 5-26	W	2-3 PM	4x	\$4	\$5
Apr 2-30	W	2-3 PM	5x	\$5	\$6
May 7-28	W	2-3 PM	4x	\$4	\$5

Instructor: Julia Lee

Location: Senior Center, South Room

Min: 4; Max: 10

Activity#: 2224HB



Karate for Seniors

AGES 50+

Shotokan Karate is traditional Japanese karate with an emphasis on integrated mind, body and spirit. We offer instruction in a supportive environment with traditional training. Students build endurance, alertness and self-esteem.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Feb 4-27	T/Th	4-5 PM	8x	\$40	\$50
Mar 4-31	T/Th	4-5 PM	8x	\$40	\$50
Apr 1-28	T/Th	4-5 PM	9x	\$40	\$50
May 1-29	T/Th	4-5 PM	9x	\$40	\$50

Instructor: Bijan Soleimani

Location: Senior Center, South Room

Min: 10; Max: 30 Activity #: 2152SK

Mindfulness and the Alexander Technique

AGES 50+

This class will include mindfulness guidance and practice from the Vipassana, Zen and Tibetan mindfulness traditions as well as the Alexander Technique, a movement awareness practice wonderful for good postural movement and for the prevention of injury.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 8-Mar 12	W	9-10 AM	10x	\$65	\$70
Mar 19-May 21	W	9-10 AM	10x	\$65	\$70

Instructor: Mitch Durell

Location: Senior Center, South Room

Min: 4; Max: 10 Activity#: 2224MA

Balance Dancing

AGES 50+

Balance dancing plus weight and balance training.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 8-29	W	3:30-4:45 PM	4x	\$8	\$10
Feb 5-26	W	3:30-4:45 PM	4x	\$8	\$10
Mar 5-26	W	3:30-4:45 PM	4x	\$8	\$10
Apr 2-30	W	3:30-4:45 PM	5x	\$10	\$12
May 7-28	W	3:30-4:45 PM	4x	\$8	\$10

Instructor: Julia Lee

Location: Senior Center, South Room

Min: 4; Max: 10 Activity#: 2225BD

Albany Senior Center Walking Group

AGES 50+

Come enjoy a group walk to various places around Albany led by local residents and nature lovers. With the benefits of vitamin D from the sun and cordial social exchange, come get active with us.

DAY	TIME	ALB RES	NON RES
Mondays*	1-2:30 PM	Free	Free

Location: Each walk departs from the Senior Center

*No Class on Jan 20, Feb 17, May 26

Pole Walking Training for Exercise, Balance and Maintaining

AGES 50+

When pole walking you feel taller and more confident! Learn skills that reduce fall risk; improve endurance, spine function and strengthen muscles that support your joints. Top quality pole provided, easy pace, gentle practice and expert instruction.

DATE	DAY	TIME	ALB RES	NON RES
Feb 18	Tu	1-2:30 PM	\$35	\$40
May 5	M	9-11:30 PM	\$35	\$40

Instructor: Jayah Faye Paley

Location: Senior Center, Multipurpose Room

Min: 8; Max: 18 Activity#: 2224PW

Demystifying Nutrition Controversies

AGE 50+

With so much conflicting information in the news, the best nutritional decisions may be confusing. Paleo, fat, meat, raw milk, vegan, organic, salt, calories, cholesterol, supplements? Come learn the science, understand your own biochemical individuality, and make the best choices.

Material fee for weekly snacks collected in class (\$6-\$8).

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 6-27*	M	3:30-5 PM	3x	\$4	\$5
Feb 3-24*	M	3:30-5 PM	3x	\$4	\$5
Mar 3-31	M	3:30-5 PM	5x	\$4	\$5
Apr 7-28	M	3:30-5 PM	4x	\$4	\$5
May 5-19*	M	3:30-5 PM	3x	\$4	\$5

Instructor: Nori Hudson, BCHN

Locations: Senior Center, South Room

Min: 5; Max: 20

*No Class on Jan 20, Feb 17, May 26

Activity #: 2221DN

Special Interest

World Affairs & Politics

AGE 50+

This is an open group discussion of world affairs and politics, both local and international.

DATE	DAY	TIME	ALB RES	NON RES
Jan 6-May 19*	M	10-11:30 AM	\$1	\$1

Drop in fee per class

Instructor: Volunteers

Locations: Senior Center, South Room

Min: 4; Max: 20

*No Class on Jan 20, Feb 17, May 26

Activity #: 2221WA

Watercolor Workshop

AGE 50+

This intensive watercolor workshop offers personalized guidance from an experienced artist, helping you gain precise control while exploring subjects like clouds, water, florals, landscapes, and figures.

Additional \$30 material fee for those needing basic watercolors.

DATE	DAY	TIME	MEETS	ALB RES	NON RES
Jan 8-Mar 5	W	9:45-11:45 AM	9x	\$113	\$118
Mar 12-May 21*	W	9:45-11:45 AM	9x	\$113	\$118

Instructor: Susan McAllister

Locations: Senior Center, South Room

Min: 1; Max: 16

*No Class on Mar 19, April 2 Activity #: 2223WW

AARP's 55 Alive Mature Driving

AGE 50+

This class covers defensive driving techniques and compensatory skills. Upon completing both sessions, drivers 50+ earn a Certificate of Completion for a three-year auto insurance discount. Payment by check or money order to AARP (no cash).

DATE	DAY	TIME	ALB RES	NON RES
Jan 23-30	Th	1-5 PM	\$20	\$25

Instructor: Claire Schooley

Locations: Senior Center, South Room

Min: 10; Max: 20

Activity #: 2221AD

Memoir Writing

AGE 50+

In a supportive, low-pressure setting, students share their memoirs for constructive feedback. The instructor offers techniques to make each story vivid and impactful.

DATE	DAY	TIME	ALB RES	NON RES
Jan 6-May 19*	M	1-3 PM	\$96	\$101

Instructor: Bill Hyman

Locations: Senior Center, South Room

Min: 4; Max: 30

Activity #: 2221MW

*No Class on Jan 20, Feb 17, May 26

SENIOR CENTER RESOURCES

PARATRANSIT SERVICES

East Bay Paratransit (EBP):

EBP provides paratransit services for anyone who cannot use AC Transit or BART because of a disability. You must become ADA certified to qualify for Paratransit Services. Call 1(510) 287-5000 to make an appointment and get an application.

Taxi Subsidy Program:

Using Measure BB funds, Albany Paratransit provides a taxi ride subsidy to Albany residents 70 years and over and people with disabilities 18 years and over for qualifying rides. Reimbursements are subject to approval process.

Shopping Trips:

The shuttle provides Albany residents 60 years and older door-to-door transportation from home to nearby grocery stores. Funded by Measure BB.

HEALTH SERVICES

Pharmaceutical Collection Bin:

Bring expired/unused prescriptions and over-the-counter medicines from your home and dispose of them safely. Bin is accessible during business hours. Vitamins, controlled substances, or needles are not accepted.

HICAP Counseling:

1st and 3rd Wednesday of the month. The Health Insurance Counseling & Advocacy Program (HICAP) provides free and objective information and counseling about Medicare. Volunteer counselors can help you understand your specific rights and health-care options. Individual appointments can be made by calling 1(510) 839-0393.

INFORMATION, REFERRALS AND FORM ASSISTANCE

The Albany Senior Center maintains up-to-date information on services available to seniors in Alameda County.

Technology One-On-One Help:

Free computer, phone or tablet tutoring is offered by knowledgeable volunteers and staff. Drop-in appointments are offered on Thursdays from 1-4 PM. Call the Senior Center for more information.

Informational Presentations:

Presentations, discussions and fun events are held regularly at the Senior Center. Ask the desk or look in the monthly Chronicle for more information and dates.

NUTRITION SERVICES

The Albany Tri-City Café:

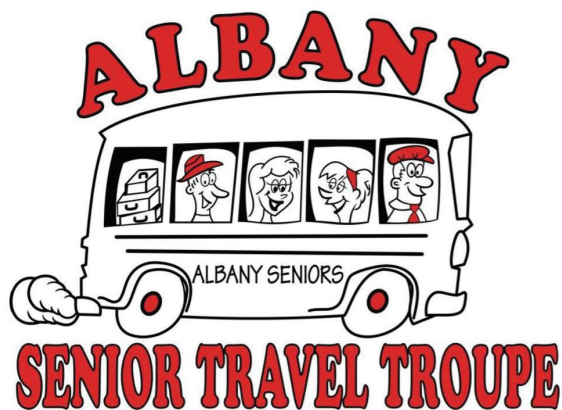
Well-balanced lunches served at 12 PM Monday-Friday. Reserve a seat by calling the Senior Center. Suggested donation: \$4 for 60+.

Meals on Wheels:

Senior Center staff and volunteers deliver 7 meals per week to homebound seniors. Suggested donation: \$4 per meal.

Mercy Brown Bag Program:

Grocery bags of nutritional food for seniors on a fixed income are distributed on the 1st and 3rd Friday of every month. Registration is required. \$10 yearly contribution.



All adults ages 50+ are welcome to travel with us as we explore beautiful and exciting areas and attractions around Northern California. Hop aboard our bus and leave the planning to us. Each trip is led by a group leader. All trips include periods of walking, standing, sitting, admission and transportation, unless otherwise indicated. Travel itineraries are subject to change.

Dandelion Chocolate Factory Tour

Walk through the historic brick 16th Street factory in San Francisco with an expert Chocolate Educator. View their entire production line, and enjoy plenty of samples, from fresh cacao pulp to finished chocolate.

Jan 29, Wed, 10 AM-3 PM

ALBANY RESIDENT \$49
NON-RESIDENT \$54

Cache Creek Casino

This casino resort is nestled in the Capay Valley and boasts thousands of exclusive slot machines and hundreds of table games.

Feb 27, Thurs, 8:30 AM-4 PM

ALBANY RESIDENT \$29
NON-RESIDENT \$34

Legion of Honor

This fine arts museum is part of San Francisco's largest public arts institution. Celebrate its 100 years with art exhibits, audio tours and great café.

Mar 4, Tues, 9:30 AM-3:30 PM

ALBANY RESIDENT \$29
NON-RESIDENT \$34

Sonoma Botanical Garden

Be inspired and refreshed by the beauty and importance of Asian and California native plants. Enjoy a self-guided leisurely walk, hike to see expansive views of the valley, or find the perfect wine country picnic spot.

Apr 9, Wed, 9 AM-3 PM

ALBANY RESIDENT \$29
NON-RESIDENT \$34

Brentwood Cherry Picking Tour

Enjoy a tour at a local farm in Brentwood and the chance to pick your own fruit!

May 30, Fri, 9 AM-3:30 PM

ALBANY RESIDENT \$29
NON-RESIDENT \$34

HIKING TRIPS

Walk, Talk & Be Healthy

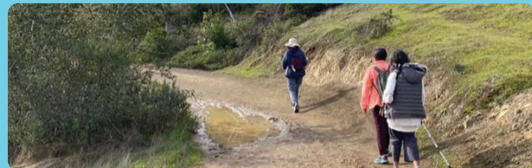
A program designed to encourage walking for adults 50+. Visit regional parks and other interesting, scenic places. Walks are usually 2 to 4 miles and are generally easy to moderate difficulty. Registration can be done in-person or online.

Spots are designated by a lottery system. Sign up ahead of time to see what trips you are selected to go on. All hiking trips are from 9 AM-2:30 PM.

Price and time are subject to change

Albany Resident \$19

Non-Resident \$22



City of Albany Paratransit Workshop

You are invited to the City of Albany's Paratransit Workshop. Staff will be presenting information on all our paratransit services, recreation trips, the Taxi Reimbursement Program and Door-to-Door Shopping. We hope to answer all your questions and listen to community feedback on all our Albany Paratransit programs.

Friday, Feb 14

Time: 1:30 - 2:30 PM

Free

Location: Senior Center

ALBANY SENIOR CENTER COMMUNITY SHUTTLE

Keeping seniors active & engaged

The Albany Senior Center Community Shuttle takes adults age 50+ on walking tours and day trips, and provides regular, free door-to-door grocery shopping trips for Albany residents age 60+. Registration is required for all programs.

The Albany Senior Center Community Shuttle is funded by Measure BB, administered by the Alameda County Transportation Commission.



LUNCH TROUPE

Join this popular Senior Travel Troupe program as we explore and enjoy lunch at some of the area's finest dining and popular destinations. Hop aboard our bus with family, friends and other food connoisseurs for an afternoon of good food, company and fun! Lunch and exploring are on your own.

All lunch trips are from **10 AM - 3 PM, Albany Resident \$29, Non-Resident \$34.**

SAN JOSE - VIETNAMESE TOWN

Jan 23, Thursday

This is a hub for Silicon Valley's Vietnamese community and one of the largest Little Saigon in the world. Enjoy a variety of local food to choose from.

SUNOL "AFTERNOON TEA"

Feb 13, Thursday

High Tea at Elliston Vineyards. Enjoy tea, biscuits, snacks and wine at this established venue.

Residents: \$54 Non-Residents: \$59

HIGH HAND NURSERY

Mar 20, Thursday

Outside of Roseville, this unique shopping experience, greenhouse tours and excellent food is something to see for yourself!

GUERNEVILLE

Apr 18, Friday

Historic downtown Guerneville offers a rich variety of cuisine near the famous Russian River.

LUNCH - CALISTOGA

May 7, Wednesday

Restaurant choices here include just about everything from haute cuisine – with a relaxed Calistoga twist – to authentic Southern BBQ.



TRAVEL TROUPE - EXTENDED VACATIONS

Extended vacations with the Albany Senior Travel Troupe are a great opportunity for adult ages 50+ to travel with friends and family to enticing travel destinations around the world with confidence. Sign up for your dream destination and leave the worrying to us. We offer a program with no membership fees, high quality all-inclusive packages, competitive prices, and the most important part...traveling with someone you know! We hope you can take advantage of these exciting upcoming vacations.

Contact the Senior Center at 1(510) 524-9122 for more information and to book your trip.

Discover the Best of Eastern Canada

9 Days – August 22-30, 2025

Trip includes:

Roundtrip airfare, roundtrip transfers, 8 nights' accommodation, 12 meals (8 breakfasts, 4 dinners), professional tour director, motorcoach transportation, sightseeing per itinerary, admission per itinerary, hotel transfers, and baggage handling at hotels.

Cost:

\$3,699 per person, double occupancy / \$1100 additional fee for single accommodation

Deposit - \$698 per person



France Magnifique

12 Days – October 16-27, 2025

Trip includes:

Roundtrip airfare, roundtrip transfers, 11 nights' accommodation, 16 meals (10 breakfasts, 1 lunch, 5 dinners), professional tour director, motorcoach transportation, sightseeing per itinerary, admission per itinerary, hotel transfers, and baggage handling at hotels.

Cost:

\$5,599 per person, double occupancy / \$1100 additional fee for single accommodation

Deposit - \$698 per person



Want to learn more about our Extended Vacations for 2025?

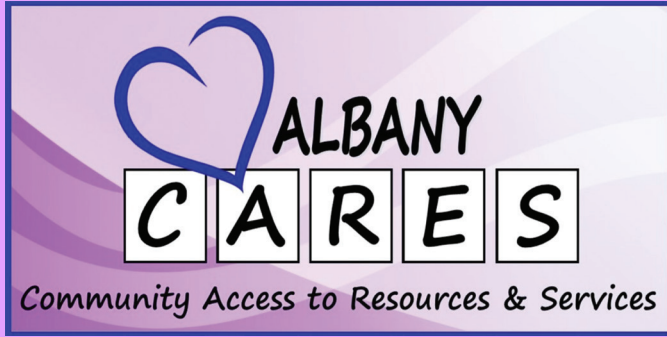
Come see our exciting lineup in a presentation brought to you by Collette.

Presentation Date: Friday, January 10

Time: 2 PM

Location: Community Center, Main Hall

RESOURCES FOR THE COMMUNITY



Albany CARES offers information and referral services to help residents successfully access available community resources.

This includes assistance applying for local parcel tax exemptions and renter rebates, and information about affordable housing, legal assistance, utility payment assistance, medical and mental health programs, and much more.

For assistance with all Albany CARES programs, call 1(510) 524-9283 or email albanycares@albanyca.org

Albany Project HOPE

Albany Project HOPE (Housing Opportunities Expanded) provides outreach, engagement, and housing navigation services to people without housing in Albany.

The goal of Project HOPE is to address individuals' immediate needs and encourage participation in available services that over time will lead to stable housing.

Parcel Tax Exemption & Renter Rebate Program

Every year the City of Albany offers exemptions for qualified homeowners and rebates for qualified renters on six parcel taxes. Residents must submit a new application each year.

The 2025 application will be available in January at www.albanyca.org/exemptions.

Get help filling out the application:

Location: Senior Center

Date: Thursday, May 15

Time: 1:30-4:30 pm

Dial 211 for information and referrals to health, housing, and human services in Alameda County. 211 is a free and confidential phone service, available 24/7 in over 170 languages.



Rent Review Program

The Rent Review ordinance applies to most rental units in Albany, including single-family homes and condominiums, and establishes the Rent Review program to provide a mediation process for rent increases. Both tenants and landlords can be referred to the Rent Review Program. More information is available at www.albanyca.org/rentreview.



Landlord and Tenant Counseling

Residential tenants and landlords can be referred directly for information and counseling on a range of housing law issues, including repairs, security deposits, rent payments, and more.

Financial Assistance for Renters

Are you a renter in Albany? Are you in debt or struggling to pay for rent, household expenses or other necessities? We may be able to help. One-time financial assistance is available for income-eligible tenants.

Tenants will need to meet eligibility requirements and complete an application, including providing documentation of household finances.

More information is available at www.albanyca.org/financialassistance

Child Seat Safety Inspections for Albany Residents

The Albany Police Department is committed to keeping children as safe as possible. Free car seat inspections are offered by appointment for Albany residents. For more information, visit www.albanyca.org/carseat.



Voluntary Security Camera Registration

Security cameras can help provide critical information to help solve crimes in our community. Please consider registering your home security camera with the police department. To date over 40 community members have volunteered for this partnership program. Registration is voluntary and there is no cost associated with registration.

For more information and to register, please visit www.albanyca.org/camerareg.

INTERESTED IN ADDING AN ACCESSORY DWELLING UNIT (ADU) TO YOUR PROPERTY?

Contribute to the housing stock, generate rental income, provide accommodations for family or friends, increase the value of your property!

- Detached ADUs may be up to 20 feet in height
- Attached ADUs may be up to 25 feet in height
- Three-foot rear and side yard setback required
- ADUs up to 800 square feet in size are exempt from lot coverage and floor area ratio (FAR) calculations
- Building Permit processing only; no Planning ADU permit required!

For further information, visit the City's Accessory Dwelling Unit website: www.albanyca.org/adu

Contact the Planning Division via email at planning@albanyca.org or phone at 1(510) 528-5760 with any questions.



Active Transportation Plan

The City is in the process of developing a new Active Transportation Plan to guide the development of infrastructure projects and programs to support safe and comfortable bicycling, walking, and rolling in Albany. Visit bit.ly/AlbanyATP for more information and to provide your input online.



Albany City Survey

Your opinion is important to us!
Take the City of Albany Satisfaction Survey!



Not All Plastics are the Same

Keep it simple - only recycle the **shapes** shown here,
all else belongs in the trash.



BOTTLES



TUBS



JUGS



JARS

Recyclables should be clean and dry before placing in recycle cart.

Have you ever wondered?

What do those “chasing arrows” numbers mean?
How can I avoid contamination in my recycle cart?

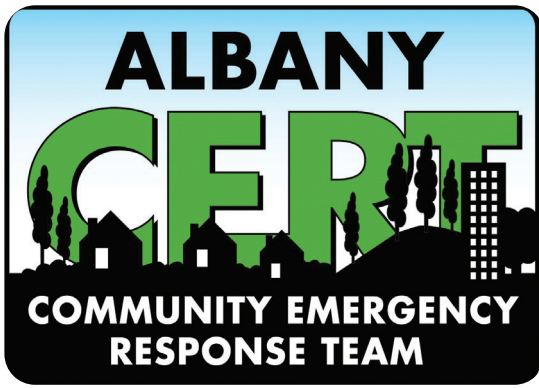
Visit wmncn.com/plastics to learn more about plastic recycling.

Compost Hub

The Albany Compost Hub at Gill Tract is open every Sunday 12-4pm. The Compost Hub offers free, self-serve compost to all visitors. Bring your own bucket or bag to take your compost home, or borrow one of the burlap sacks available at the Hub. The Hub is funded by the City of Albany.

Visit www.albanyca.org/compost for more information.





CERT Training Classes

When an emergency or disaster situation happens such as earthquakes, or wildfires, or other disasters, CERT-Trained residents are prepared to help. Because emergency services personnel will not be able to help everyone immediately, you can use your CERT training to make a difference in your community.

Albany CERT (Community Emergency Response Team), supported and authorized by the Albany Fire Department and FEMA (Federal Emergency Management Agency), will be offering new CERT training sessions twice annually, from March to May and September to November.

About Albany CERT:

Albany CERT Inc. is a 501(c)(3) non-profit, and an all-volunteer organization consisting of CERT-trained people dedicated to the safety of Albany residents in a disaster, expanding CERT Training and supporting Albany's disaster readiness. For more information, visit www.albanycert.org.

CERT Training Schedule:

Training classes will be scheduled twice annually, from March to May and September to November.

Enrollment is open:

Email byeaman@mac.com with the training session you would like to attend:

1. 2025 March - May, Tuesdays
2. 2025 late September - November, Tuesdays

CPR & First Aid Courses

The Albany Fire Department partners with the American Safety & Health Institute to offer CPR & First Aid courses to the community.

Fee: \$25 (registration is required at least 1 week prior to the start of the course)

Location: Emergency Operations Center (Between City Hall & Fire Station)

Upcoming CPR & First-Aid Trainings:

Saturday, January 25, 2025 | 8:30 AM-3 PM |

Saturday, May 3, 2025 | 8:30 AM-3 PM

Saturday, November 1, 2025 | 8:30 AM-3 PM

www.albanyca.org/CPR-FirstAid



Storm Season Preparedness

With Winter comes wet weather. It's important to keep our storm drains clean and free of obstruction so that stormwater can drain and the City's street sweeper can do a good job preventing seasonal flooding.

Here's some information about how City staff prepare for and respond to large storms in our area.

Preparedness:

- Seasonal storm drain cleaning.
- Stocking sand for sandbags at Ocean View Park.
- Having additional staff on standby during predicted large storms.
- Coordinating with the Police Department to pre-stage a truck with barricades and signs for quick deployment in case of power outages or other road hazards.

Storm Response:

- Responding to calls about downed trees, tree

limbs, and flooding, and quickly mitigating the worst problems.

- Working with the City Arborist and contractors, who manage larger tree issues with consideration of all factors including the health of the tree and protecting people and property.
- During the days following a storm, picking up branches and clearing leaves and debris from storm drains.

How can residents prevent flooding?

- Clearing existing trash and leaves from storm drains in your neighborhood. Be sure and put these in trash or green waste bins as appropriate.
- Obtaining sandbags if your property is prone to flooding. Sandbags are available at the Albany Fire Station, 1000 San Pablo Avenue. Sand for self-serve sandbags is available at Ocean View Park, 900 Buchanan Street. Please travel safely.
- Visiting www.albanyca.org/storm for more information in preparation for and during a storm.



Construction Alerts: **construction zone** How We Communicate



Visit www.albanyca.org/construction-alerts to see information about current, upcoming, and recent past projects. Listed information includes but is not limited to project schedules, maps, photos, and related project documents. Information is updated frequently with new details as they become available.

Service Request Portal

Pothole? Illegal dumping? Streetlight out? Other Public Works related issues?

We have an online reporting system!

www.albanyca.org/service-request

or call **1(510) 524-9543** to report any issues.

We appreciate your eyes and ears around the City.



ALBANY PARKS



The **Ocean View Park**, 900 Buchanan St., picnic area is among Albany's Redwood Grove trees. The children's play area is spacious and features swings and climbing structures.



The **Memorial Park**, 1325 Portland Ave., picnic area is next to the Memorial Park Ball Field and the children's play area.



Albany's newest park is located on 720 Pierce Street, near Albany Hill. The park boasts panoramic views of the San Francisco Bay, the Golden Gate Bridge, and the Albany Bulb. There are two play areas for kids of all ages to explore.



The **Jewel's Terrace Park**, 1548 Terrace St., picnic area is nestled in the Terrace neighborhood and is one of the city's hidden treasures. The picnic area is near two children's play areas and an open green space.



Our **Tennis Courts** are located at Memorial, Terrace, and Ocean View Park. NEW are the Pickleball Courts located at Ocean View. The courts are available on a first-come, first-served basis or by making reservations in advance.

Reserve a Tennis or Pickleball Court Today:



PICNIC RESERVATIONS

MAKE A PICNIC RESERVATION



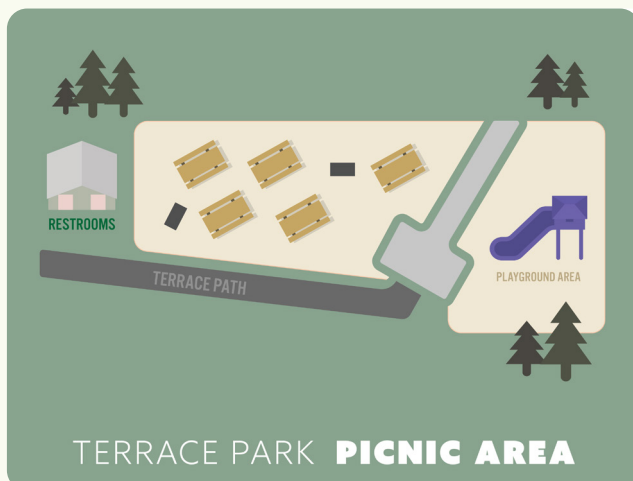
Ocean View Park

has 6 picnic areas, grills, and 12 tables, accommodating a maximum of 72 people. Each area has a reservable time block from 10 AM - 2 PM or 3 - 7 PM



Memorial Park

has 2 picnic areas, BBQ grills and 9 tables accommodating a maximum of 52 people. Each area has a reservable time block from 9:30 AM - 1:30 PM or 2:30 - 6:30 PM



Terrace Park

has 1 picnic area, a BBQ grill, and 5 tables to accommodate 30 people. It has a reservable time block from 9 AM - 1 PM or 2 - 6 PM

Albany Facilities

FACILITY RENTAL APPLICATION



Reserve your next event at one of our accommodating accessible facilities below. We are here to meet all your needs and will do everything possible to make your event successful.

MEMORIAL PARK BUILDING



A gem in our popular community park, the Memorial Park Building is available to rent for private events! This facility is ideal for children's parties, but we can accommodate the event of your choosing with all needed amenities, including spacious floorplans, and adjoining patio area. There is even a playground close by for kids.

COMMUNITY & SENIOR CENTERS



A variety of spaces are available for use in the Albany Community Center, as well as the Senior Center. Whether planning a wedding reception, family reunion, birthday party, or community meeting, there is likely an ideal space for your event. Reservations can be made up to a year in advance.



BLOCK PARTIES

Block parties are suitable for enjoying the nice weather, food, games, and beautiful conversations with your neighbors. Start planning for your block party today. Block party fees included barrier drop off and pick up, and one can even request the Albany Fire Department to do a Disaster Preparedness Training. www.albanyca.org/blockparty





MLK DAY OF SERVICE

Join Alameda County Albany Library this MLK Day to bring together local teen-founded non-profits and other organizations to share their stories of giving back in their communities.

By participating in service projects, we can bridge divides, heal wounds, and create lasting change that will benefit our communities for years to come.



Location: Community Center, Main Hall

Date: Saturday, January 18

Time: 11 AM - 2 PM

FREE

To learn more scan here or go to aclibrary.bibliocommons.com/events:



OCEAN VIEW COMMUNITY ORGANIC GARDEN

Enjoy the spirit of the community while growing delicious food and flowers. Designated plots are assigned upon request through Recreation and Community Services Department.

Join us during our "Open Garden" on the 2nd & 3rd Sundays of March through October from 11 AM - 1 PM

Location: Ocean View Park at 900 Buchanan St
Plot Fee: \$75 per year

Friends of Albany Seniors Pancake Breakfast



Saturday, February 8

Time: 9 AM - 12 PM

Location: Senior Center

Ticket Prices: \$12 Adults
\$10 Children (12 and younger)



Friends of Albany Seniors will be hosting their annual Pancake Breakfast event where the food will be cooked by the Albany Fire Department.

Tickets are available at the Albany Senior Center and on the FOAS website friendsofalbanyseniors.square.site:



CELEBRATE OLDER AMERICANS MONTH AT THE SENIOR CENTER



Mother's Day Lunch

Friday, May 9

Time: 12 PM

Celebrate Mother's Day at the Senior Center with a special lunch with friends and family! Enjoy a nutritious meal and socialize with others.

(suggested donation of \$5)



Trivia Night

Thursday, May 29

Time: 5 - 7 PM

Fee: \$25

Showcase your trivia knowledge with this fun event at the Senior Center! Enjoy dinner and tackle some trivia questions hosted by a local trivia master.



FRIENDS OF **ALBANY PARKS**

CLEAN-UP

Want to get involved in
Albany Parks?

Saturday, March 22

9 AM - 12 PM

**Meets at
Community Center**



GIVE BLOOD. GIVE LIFE.

Urgent need for blood donations

Tuesday, June 3

9:30 AM - 3:30 PM

**Community Center
1249 Marin Ave**

For more details and to schedule your appointment, Visit: www.redcrossblood.org
enter sponsor code: **ALBANYCA**

PARENTS' NIGHT OUT!

Friday, March 28 & May 16

Time: 6 - 9:30 PM

NEW Location: Memorial Park Building

Ages: 5 - 12 years

Fee: \$45 Resident, \$55 Non-Resident

Activity #: 4139PN



Parents' Night Out gives parents a chance to enjoy an evening alone and kids the opportunity to play with friends, enjoy activities, watch a movie, and eat yummy pizza and popcorn! Kids are encouraged to wear cozy PJs and bring a stuffie and a blanket. Parents drop off your kids knowing they'll be in the best care with Friendship Club staff.



2025 Events

Community Expo - April 26

National Night Out - August 5

Movie in the Park - May 10

Concerts in the Park - August 13, 20 & 27

4th of July in the Park - July 4

Dinner with Albany - October 4

How to Register

There are two ways to register for classes:

1

ONLINE

www.albanyca.org/onlinereg



Scan to register
for classes online!

2

IN PERSON, BY MAIL, OR DROP-OFF

Complete the form on the following
page and bring or send to:

CITY OF ALBANY
Recreation and Community Services
1249 Marin Ave.,
Albany, CA 94706

CLASS REFUND POLICY

5 business days or more:

- Payee will be refunded less a \$20 withdrawal fee.

2-4 business days or fewer:

- Payee will be refunded less a \$40 late withdrawal fee.

1 business day or fewer:

- No refunds will be granted within one business day of the first class meeting or after the class has started.

CAMP REFUND POLICY

5 business days or more:

- Payee will be refunded less a \$20 withdrawal fee.

4 business days or fewer:

- No refunds will be granted within four business days of the first camp meeting or after the camp has started.

REFUND REQUESTS:

Refund Requests must be made in
writing by
mail/drop-off to:

CITY OF ALBANY
Recreation and Community Services
1249 Marin Avenue
Albany, CA 94706

or by email to recinfo@albanyca.org



City of Albany Recreation and Community Services

ACTIVITY REGISTRATION FORM

Family Account Setup (If you haven't created an account with us before)

First Name: _____ Last Name: _____ Birthdate: ____/____/____
mm dd yyyy
Address: _____ Preferred Gender: _____
City: _____ State: _____ Zip Code: _____
E-mail: _____ Home Phone: _____ Cell Phone: _____

Emergency Contact Information

Full Name: _____ Contact's Cell Phone: _____
Relationship to Participant(s): _____

Activity Registration Information

Participant Name:	DoB:	Gender:	Activity Name:	Dates:	Time:	Fees:

Total Fees \$

LIABILITY RELEASE:

I AGREE to assume the risk of accident or injury sustained from whatever cause in connection with this activity, and release the City of Albany, it's officers, agents and employees from any and all liability for any such accident or injury caused by whatever reason, including but not limited to an act of omission. I understand that no medical insurance is provided.

X

(Signature of Parent/Guardian/Self)

(Date)

PHOTO RELEASE:

I acknowledge that the City of Albany takes photographs and videotapes of its activities and events for publicity purposes and authorize the use of my image or my child's image by the City for such purposes. I understand I will not be compensated for the use of these photos or videos.

X

(Signature of Parent/Guardian/Self)

(Date)

REFUND POLICY

I have read, understand, and agree to the refund policy for the City of Albany Recreation and Community Services Department. X _____
(Initial)

Drop off or Mail in to:

RECREATION AND COMMUNITY SERVICES DEPARTMENT
1249 MARIN AVENUE, ALBANY CA 94706

DINNER WITH ALBANY

**SAVE
THE
DATE**

✦ **SATURDAY, OCTOBER 4** ✦
6 - 9 PM

Dinner with Albany is back! This glorious community event makes its return on October 4th, 2025. Mark your calendars and tell your family, friends, and neighbors.

eNews

Registration:

www.albanyca.org/enews

Subscribe to our weekly eNews for timely information on City happenings.

E-NOTIFY

Sign up:

www.albanyca.org/enotify

Receive emails on topics that interest you!

Get Social!

Connect:

www.albanyca.org/socialmedia

Connect with Albany on our social media sites and never miss a thing!

WATCH YOUR
Favorite
CITY COUNCIL, COMMITTEE
OR COMMISSION
MEETING ONLINE!

City of Albany Community Access TV
Cable Channel 33
www.albanyca.org/kalb





City of Albany
Recreation & Community Services
1249 Marin Avenue
Albany, CA 94706

PRSRT STD
U.S. POSTAGE PAID
BERKELEY, CA
PERMIT #8467
ECRWSS

CARRIER PRESORT
POSTAL CUSTOMER
ALBANY, CA 94706

ALBANY COMMUNITY EXPO



LEARN ABOUT COMMUNITY, CITY, AND BUSINESS PROGRAMS AND SERVICES



APRIL 26 10 AM - 2 PM

ALBANY COMMUNITY CENTER 1249 MARIN AVE



VISIT ALBANYCA.ORG/ALBANY-COMMUNITY-EXPO
OR SCAN THE CODE FOR MORE INFORMATION:

